

CERTIFICATE

OF PARTICIPATION

This is to certify that

Freddy van Lith

Has successfully participated & completed the

5km Cowhouse Valentines Night Run

held at Cowhouse Market.

TIME 00:35:28

PACE 07:04/km

OVERALL 42 of 75

GENDER 20 of 33

OPEN 12 of 19

16 February 2018, Fri

Date



Bout Time
Signature